

City of Temple Parks and Recreation

Youth Volleyball Rules

1. Equipment
 - A) Ages 8-11 will use the Volley Lite size ball.
 - B) Ages 12-14 will use a regulation size ball.
 - C) Knee pads are recommended but not required.
2. The Court
 - A) The net shall be 7ft. 4in. for all age groups.
 - B) The court will be regulation size.
3. Playing Time and Rotations
 - A) Every player present on the team must play each game and be rotated into the lineup in a consistent manner. No eligible player can be allowed to sit out a rotation.
 - B) The right back player has the first serve.
 - C) Upon gaining the serve, a team must rotate. Each player rotates clockwise. Right front will rotate off the court while a new player will take the serving position.
 - D) No manipulation of the serving order while the players are waiting to be rotated into the lineup is allowed.
4. Scoring/ Serving
 - A) Rally scoring will be used. There will be a point scored on every score of the ball.
 - B) Offense will score on a defensive miss or out of bounds hit.
 - C) Defense will score on an offensive miss, out of bounds hit, or serve into the net.
 - D) The games will be the best 2 of 3 games.
 - E) Games 1 and 2 will be played to 25 points, must win by 2 points and capped at 27 points. If necessary, game 3 will be played to 15 points, must win by 2 points and capped at 17 points. Players must wait for the official's whistle before serving.
 - F) Players may serve underhand or overhand.
 - H) If the server does a bad toss, the ball must drop to the floor. The server may only let the ball drop once during the time of service.
 - I) The server will be restricted to 5 service points, followed by an automatic side out.
 - J) Players will serve their first 2 serves from the 23ft line, after two consecutive points the player must serve from the 30ft line the next 3 serves. Players do have the option to serve all 5 serves from the 30ft line but will not be able to move up to the 23ft line once they have served.
 - K) Served balls may graze the net and drop to the other side for a point. Served balls hitting the ceiling or obstructions shall be ruled out.
5. Playing the Ball
 - A) A team shall have three hits (excluding a blocked ball) to return the ball over the net.
 - B) When the ball touches any part of a boundary line it is considered "in".
 - C) Players may not intentionally or unintentionally touch the net.
 - D) Players may not step over the center line at any time during the course of play.
 - E) Simultaneous violations by opposing players or an interruption in the game will result in a replay of the point.
6. Coaches Responsibilities
 - A) Coaches are required to dress and conduct themselves in a professional manner, setting good sportsmanship examples for the young athletes.
 - B) Coaches are responsible for their players during practice and games.
 - C) Coaches are responsible for the conduct of the spectators of their team.
 - D) Coaches are responsible for contacting their players concerning practices and games.
7. Coaches Notes
 - A) Each team will be given practice balls to warm-up with before the game. Please return the balls to staff after the pre-game warm-up.
 - B) If calling a timeout please get the attention of the referee. Each team is allowed two time outs per game for one minute only.
 - C) A coin toss will be conducted between the coaches from each team and the official to determine serve/receive for the first game. Winner of the coin toss will serve. Loser of the coin toss will

receive and have choice of court side. Teams will switch sides for the second game. For the third game (if needed), another coin toss will be held.

- D) Please make sure that players are not wearing any jewelry, hair beads or clips and are not chewing any gum.
- E) Only the coach and assistant coach will be allowed to be on the sidelines. All parents need to be in the stands and off of the court area.

8. Conduct Discipline

ZERO TOLERANCE

- A) Each team manager will be held responsible for the conduct of his/her fans/spectators.
- B) Any player, coach, parent, spectator ejected from any league game will be suspended for a minimum of two (2) league games. If an ejection occurs during the first game of a double header the suspension will be served immediately.
- C) Players, coaches, parents, spectators and managers who have been ejected/suspended must leave the facility and premises.
- D) Suspensions will carry over from season to season. Example: a player suspended for the final two games of one season will also be suspended for the first game of the next season.
- E) Verbal or Physical violence, especially attacks on a game or tournament official/staff member immediately before, during, or after a game or fights/confrontations between players/teams will result in a minimum of one (1) year loss of eligibility in all league play or indefinite suspension in all league play, subject to an annual review if requested.
- F) The officials and staff have the authority to remove a player, coach, or spectator from a game and/or forfeit the game due to unsportsmanlike conduct. Unsportsmanlike conduct shall include, but not be limited to: profanity, threats of any kind, fighting (before, during, or after the game), any intoxicated condition detected by the referee before or during the game.